



WISHES STONES

AGATE - courage, protection, strength

AMAZONITE - trauma, worry and fear, dispels negative energy, insomnia

AMBER - teething, negative energy absorption, anti-depression, pain relief

AMETHYST - intuition, anxiety, meditation, addiction, motivation, spiritual connection, insomnia

AMETRINE - clarity, concentration, creative solutions, optimism

AQUA AURA - chronic fatigue, environmental healing, self expression

AQUAMARINE - courage, peacefulness, serenity

ARAGONITE - personal power, self confidence, grounding

ADVENTURINE (green) - heart healer, good luck, physical health, anxiety

BLOOD STONE - blood and energy cleanser, life force, courage, mental balance, detoxification

CALCITE - calms the mind, intellectual connection, stability, emotional stress, serenity

CARNELION - joy, happiness, confidence, focus, creativity, fertility

CHRYSOCOLLA - work place relationships, anxiety, creativity, arthritis

CITRINE - abundance, self esteem and confidence, positive energy, family conflict, digestion

COPPER - arthritis, inflammation

CORAL - bones, circulation, mental stability

EMERALD - kindness, inspiration, patience, prosperity, immune system

FLUORITE - “The Genius Stone”, meditation, stability, overcomes stress and chaos, psychic protection

GARNET - love, devotion, sensuality, regenerating, business success

GEODE - confidence, courage, strength, digestion

HEMATITE - strong grounding, self esteem, concentration, focus, blood cleanser

HERKIMER DIAMOND - energizes, enlivens, promotes creativity, detoxifier

JADE - “The Good Luck Stone”, courage, health, longevity, purity, serenity

JASPER - stress, tranquility, wholeness, earth-spirit connection

JET - protects business and finances, mood swings, depression, stability, balance, migraines

KYANITE - meditation, chakra alignment, spiritual integrity, never needs cleansing

LABRADORITE - protection, magic, new ideas, transformation, strength, perseverance

LAPIS LAZULI - good judgement, self expression, wisdom, serenity, taking charge of life

LARIMAR - relationships, healthy communication, dissolves self-sabotaging behaviour, clarity

MALACHITE - protection, relaxation, electro-magnetic pollution, fertility, PMS, cramps, ulcers

MOLDAVITE - higher self, extra-terrestrial communication, good fortune

MOONSTONE - new beginnings, emotional balance, peacefulness, clairvoyance, PMS

OBSIDIAN - “The Wizard’s Stone”, protection, absorbs negative energy, mental stress, relieves tension

ONYX - strength giving, self confidence, mental stability, alleviates worry

PERIDOT - confidence, personal growth, depression, releases “old baggage”, tissue regeneration

PHENACITE - contact with angelic realms, clears energy pathways

QUARTZ (clear) - amplifies qualities of other stones, balances life force, meditation, concentration

ROSE QUARTZ - “The Love Stone”, unconditional love, infinite peace, emotional release, grief, trauma

RHODONITE - love, emotional balance, calming, alleviates confusion

RUBY - everlasting love, personal power, life purpose, abundance

SAPPHIRE - wisdom, peace of mind, prosperity, intuition

SELENITE - deep peace, harmony in the home, meditation, spiritual work

SERAPHINITE - spiritual enlightenment, angelic connection, living from the heart

SODALITE - pollution control, harmony, eliminates mental confusion, calms panic attacks

SUGILITE - spiritual love, wisdom, channelling, meditation, autism, epilepsy

TIGER EYE - study, goal achievement, focus, protection, will power

TOURMALINE (black) - repels negativity, protection, encourages positive attitude

TOURMALINE (brown dravite) - grounding, encourages community spirit, heals family relationships

TOURMALINE (green) - compassion, tenderness, patience, balance

TOURMALINE (pink) - attracts love, peace, relaxation, heals emotional wounds

TURQUOISE - communication, peacefulness, dispels negative energy, public speaking

ZOISITE - energizing, assists in manifesting true self, fertility